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## Dr. Sandra Lee helps women have more beautiful skin.

*On "The Doctors", Dr. Lee shows three women how they can look more beautiful while wearing less makeup, with easy fixes to common and embarrassing skin problems.*

Upland, CA ([prHWY.com](http://prHWY.com)) February 20, 2011 - Returning for her third visit to the national hit TV show "The Doctors", Upland, CA dermatologist Dr. Sandra Lee appears in a segment called "The Naked Skin Lab" with three ladies whose facial skin problems are solved by Dr. Lee live on the show.

"Many women would like to be able to wear less makeup if their skin problems could be helped," says Dr. Lee. She says that many common skin blemishes and other problems can be greatly improved or eliminated in minutes with the right treatments.

The first woman, "Cathy" has brown spots, also known as "sun spots" on her face. Dr. Lee "zaps" them with a quick shot of liquid nitrogen which causes a controlled area of frostbite, causing the brown spot to fall off in a few days. Dr. Lee explains that laser treatments and peels can also be effective in removing the unsightly spots.

Dr. Lee then moves on to the next woman, "Leanne" who has numerous small bumps around her eyes and cheeks which are called "millia", which is a common condition caused by the dead skin cells failing to slough off and becoming tiny skin cysts. Dr. Lee shows how the millia can be quickly removed in the doctors office and describes what women can do to prevent them from returning.

"Natalie" has facial redness which can occur any time, especially when she is stressed. Dr Lee shows how to use a special tinted moisturizer which cancels out the redness in seconds. For more information on skin care and cosmetic dermatology visit <http://skinps.com>

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