
New Home Fitness Website Launches to Help People Get In Shape for the New Year

FitnessAlliance.net is opening its doors to those looking to lose weight and get fit from the comfort of their own homes.

New York, NY (prHWY.com) December 16, 2010 - FitnessAlliance.net, a new website dedicated to helping people lose weight and achieve their fitness goals, announces its recent launch. An authorized dealer of popular workouts such as Slim In 6, Insanity and the increasingly popular P90X. Fitness Alliance is a trusted resource for home workout programs, equipment and nutrition supplements.

Losing weight can be difficult. With new year's resolutions right around the corner many people are looking to take control of their diet and need help integrating exercise as part of their daily routine.

Programs include DVD training videos and step-by-step nutrition and exercise booklets which offer guidance and education throughout the course of the workout program.

With your purchase, Fitness Alliance offers dedicated support and advice to ensure the success and satisfaction of their customers.

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Web Site: <http://www.fitnessalliance.net>

Contact Information:

Fitness Alliance
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