
New York Youth to Attempt 3 World Records

On Friday, August 27th, 24 year-old Shaun McDaniel will slip on a forty pound backpack and attempt to break the world record currently held by his longtime hero 'Iron Man' Paddy Doyle, for the most backhanded push-ups in one hour.

New York, NY (prHWY.com) August 24, 2010 - On Friday, August 27th, 24 year-old Shaun McDaniel will slip on a forty pound backpack and attempt to break the world record currently held by his longtime hero 'Iron Man' Paddy Doyle, for the most backhanded push-ups in one hour. He will have to outdo Doyle's 2008 record of 663 - an ambitious goal for a South Jamaica, Queens, native who, unable to afford a gym, has largely trained himself for the event in a thrift store basement and on a neighborhood playground.

"If you're not a successful individual coming out of that neighborhood, it's not a big deal to anybody," says Shaun. "No one's expecting much from you. I've seen a lot of friends get destroyed by the neighborhood that I live in, and I don't want to be just another statistic. I've lived my entire life going against what everyone said I couldn't do."

While he's at it, McDaniel also plans to go after two other Guinness World Records™: one for the most backhanded push-ups in one minute wearing a 40 lb backpack 40; and the other for the most star jumps in one minute, of which the current record is 61 and was set by American Ashrita Furman in January 2008. To read more on Shaun McDaniel, please visit www.ignitenaturals.com

If you are interested in attending the event and/or interviewing Shaun McDaniel, please contact Ignite Naturals at [prnews\(at\)ignitenaturals\(dot\)com](mailto:prnews(at)ignitenaturals(dot)com) or 1 (800) 803-8001 ext. 122.

This event is sponsored by Ignite Naturals and Eva's Supplements. Ignite Naturals designs all-natural supplements that work to nourish, cleanse, enhance and protect cellular function, providing athletes with the solid foundation they need to improve performance, build strength and explosive power, shorten recovery time and strengthen their immune systems.

Event date: Friday, August 27, 2010

Schedule: 8:00a.m. until completion

Address: Eva's Supplements, 11 West 8th Street, New York, NY, 10011.

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Contact Information:

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